

AFFC TRAINING EVENT

UNDERSTANDING FIREFIGHTER STRESS AND FAMILY SURVIVAL

WHEN

**August 29th, 2025
9 am – 5 pm**

WHERE

**MONT. FIRE & RESCUE, STATION 9
3003 East South, Montgomery, AL 36116**

COURSE DESCRIPTION

This 1-day (8-hour) course is highly recommended for all chaplains and aims to promote understanding, support, and coping mechanisms essential for thriving both on the job and at home, and will cover the following:

- Identifying different types of stress (acute, chronic, and cumulative stress)
- Impacts on mental and emotional well-being
- Importance of resilience with practical strategies
- Engaging discussions and real-life scenarios

Join us to empower yourself and your loved ones in navigating the complexities of firefighter stress and ensuring family survival.



COURSE LEADER

Shorron L. Searcy
District Chief of Mont. Fire
& Rescue, Station 9
ssearcy@montgomeryal.gov

COST

FREE

REGISTRATION DEADLINE

August 28th

TARGET AUDIENCE

**Anyone Who IS or Who
WANTS to Serve as a
Chaplain to First
Responders**

CONTACT INFO

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AFFC REGISTRY

www.alfirechaplains.org/
Stress