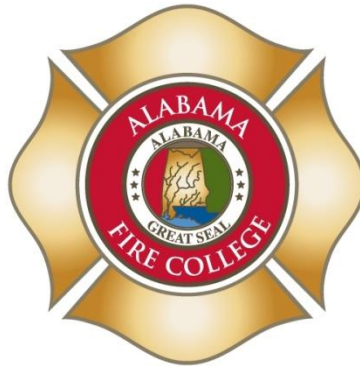


# RAPID INTERVENTION CREWS

## PRACTICAL SKILLS MATERIALS

Based on *NFPA 1407: Standard for Training Fire Service  
Rapid Intervention Crews*, 2020 Edition.



ALABAMA FIRE COLLEGE

August 5, 2020

# ALABAMA FIRE COLLEGE

## AND PERSONNEL STANDARDS & EDUCATION COMMISSION



### Rapid Intervention Crew Member

#### Instructional JPR Verification Sheet

**Full Name:** \_\_\_\_\_ **Fire Department:** \_\_\_\_\_

This Instructional JPR Verification Sheet is to be used in conjunction with the Alabama Fire College Rapid Intervention Crew Member Skill Sheets. These skills meet all the requirements of NFPA 1407, *Standard for Training Fire Service Rapid Intervention Crews*, 2020 edition. Each of these skills should be taught and assessed during the course. This form must be submitted by the Instructor for Certification.

**Practical Examination for Certification:** Skills testing will be conducted using a minimum of 25% of the JPRs listed below. The skills will be randomly drawn by the Certification Staff and administered by an approved evaluator after all training hours have been completed. For successful completion of the practical examination, a minimum 70% competency (including critical points) is required for certification.

Skill Sheet	Primary Task	JPR(s) Covered
01	Declaring a Mayday	7.5
02	Search and Rescue	7.6, 7.14
03	Restricted Openings	7.6, 7.7, 7.13
04	Emergency Procedures	7.6, 7.7
05	Downed Firefighter Removal	7.8; 7.9; 7.10, 7.11, 7.12
06	Bringing Downed Firefighter Down Ladder	7.5
Course Location:		Course Date:
Instructor Printed Name:		Instructor Signature:
Candidate Printed Name:		Candidate Signature:

# ALABAMA FIRE COLLEGE

## AND PERSONNEL STANDARDS & EDUCATION COMMISSION



<b>Rapid Intervention Crew Member</b>	<b>Skill Sheet 01</b>
<b>Declaring a MAYDAY</b>	
NFPA 1407, <i>Standard for Training Fire Service Rapid Intervention Crews</i> , 2020 edition, 7.5	
<b>Condition:</b> The candidate, wearing personal protective equipment including SCBA, shall demonstrate procedures for declaring a MAYDAY.	
<b>Scenario:</b> Provided by Proctor/Evaluator <b>Proctor or Evaluator can stop skill at any point in time during the skills test for any safety concern.</b>	
<b>Expected time to complete skill(s):</b> 10 minutes	

Performance Steps	Test		Retest	
Safely performs the following steps:	P	F	P	F
1. Transmits on radio that they are declaring a MAYDAY (repeats three times) – <b>CRITICAL POINT</b>				
2. Gives LUNAR report (Location, Unit, Name, Assignment, Resources) – <b>CRITICAL POINT</b>				
3. Activates PASS device manually after MAYDAY is acknowledged by command – <b>CRITICAL POINT</b>				
<b>Candidate must successfully perform ALL steps including ALL CRITICAL POINTS</b>	Score: __/3		Score: __/3	

**Evaluator Notes**

Evaluator Print Name & Signature:	Date	Overall Skill Sheet Score	
		Pass___	Fail___
By my signature above, I verify that I am currently certified to the level I am testing (AL/PB/IFSAC)			
Re-Test Evaluator Print Name & Signature:	Overall Skill Sheet Re-Test Score		
		Pass___	Fail___
By my signature above, I verify that I am currently certified to the level I am testing (AL/PB/IFSAC)			
Candidate Print Name & Signature:	Candidate: Print Name or Candidate #		

**Note to Evaluator(s):** By your signature above, you verify that you are qualified to serve as an Alabama Fire College Evaluator, have followed AFC Testing Policies and have witnessed that the above candidate has tested the above skills in their entirety.

**Note to Student:** Skill will end when you state or indicate to the evaluator that you have completed all the identified steps. Notify the evaluator at **ANY** time that you have a safety concern

# ALABAMA FIRE COLLEGE

## AND PERSONNEL STANDARDS & EDUCATION COMMISSION



<b>Rapid Intervention Crew Member</b>	<b>Skill Sheet 02</b>
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### Search & Rescue

*NFPA 1407, Standard for Training Fire Service Rapid Intervention Crews, 2020 edition, 7.6, 7.14*

**Condition:** The candidate, wearing PPE including SCBA, shall demonstrate entering a simulated burning and smoke-filled environment, conduct search operations and locate and remove incapacitated firefighter(s).

**Scenario:** Provided by Proctor/Evaluator

**Proctor or Evaluator can stop skill at any point in time during the skills test for any safety concern.**

**Expected time to complete skill(s):** 10 minutes

Performance Steps	Test		Retest	
	P	F	P	F
<b>Safely performs the following steps:</b>				
1. Sizes up building for hazards, possible egress routes, and safe havens				
2. Collects all equipment required for searching - working radio, forcible entry tools, flashlight, rope, and thermal imaging camera (as a minimum based on need and resources available to the AHJ) – <b>CRITICAL POINT</b>				
3. Checks door for heat before entering				
4. Uses proper search techniques and stays low during search – <b>CRITICAL POINT</b>				
5. Maintains contact with rope/tag line during search				
6. Uses thermal imaging camera during search				
7. Searches under and around furniture, behind closed doors, and all closets				
8. Removes firefighter from entanglement, if necessary				
9. Evaluates conditions and identifies possible safe havens throughout search				
<b>Candidate must successfully perform 7/9 including ALL CRITICAL POINTS</b>	Score: __/9		Score: __/9	

#### Evaluator Notes

Evaluator Print Name & Signature:	Date	Overall Skill Sheet Score
		Pass ___      Fail ___
<b>By my signature above, I verify that I am currently certified to the level I am testing (AL/PB/IFSAC)</b>		
Re-Test Evaluator Print Name & Signature:	Overall Skill Sheet Re-Test Score	
		Pass ___      Fail ___
<b>By my signature above, I verify that I am currently certified to the level I am testing (AL/PB/IFSAC)</b>		
Candidate Print Name & Signature:	Candidate: Print Name or Candidate #	

**Note to Evaluator(s):** By your signature above, you verify that you are qualified to serve as an Alabama Fire College Evaluator, have followed AFC Testing Policies and have witnessed that the above candidate has tested the above skills in their entirety.

**Note to Student:** Skill will end when you state or indicate to the evaluator that you have completed all the identified steps. Notify the evaluator at **ANY** time that you have a safety concern

# ALABAMA FIRE COLLEGE

## AND PERSONNEL STANDARDS & EDUCATION COMMISSION



<b>Rapid Intervention Crew Member</b>	<b>Skill Sheet 03</b>
<b>Restricted Openings</b>	
<i>NFPA 1407, Standard for Training Fire Service Rapid Intervention Crews, 2020 edition, 7.6, 7.7, and 7.13</i>	
<p><b>Condition:</b> The candidate, wearing full protective equipment including SCBA, shall safely exit an area with a restricted opening (vertical or horizontal opening that is too small to accommodate both the firefighter and the SCBA).</p> <p><b>Note to Evaluator:</b> Chose one of the following techniques to be performed. All students must perform the same technique.</p> <p><b>Scenario:</b> Provided by Proctor/Evaluator  <b>Proctor or Evaluator can stop skill at any point in time during the skills test for any safety concern.</b></p> <p><b>Expected time to complete skill(s):</b> 20 minutes</p>	

Performance Steps	Test		Retest	
Safely performs the following steps:	P	F	P	F
<b>FIREFIGHTER SELF-RESCUE</b>				
1. Recognizes situations under which rapid intervention is required for rescue and required techniques for calling for assistance – <b>CRITICAL POINT</b>				
2. Frees self from entanglement				
3. Conducts rapid orientation of the room, including primary and secondary exit				
4. Breaches wall ceiling or floor if necessary				
5. Practices air management– <b>CRITICAL POINT</b>				
<b>Candidate must successfully perform 4/5 including ALL CRITICAL POINTS</b>	Score: __/5		Score: __/5	
<b>RESTRICTED OPENINGS- SHIFTING THE SCBA</b>				
1. Maintains contact with SCBA – <b>CRITICAL POINT</b>				
2. Maintains physical, visual, or verbal contact with partner – <b>CRITICAL POINT</b>				
3. Keeps all PPE intact – <b>CRITICAL POINT</b>				
4. Checks conditions on other side of passage before entry – <b>CRITICAL POINT</b>				
5. Loosens shoulder strap and then waist strap				
6. Shift SCBA to one side (depending on which side regulator is on)				
7. After obstruction is cleared, repositions SCBA & tightens straps				
<b>Candidate must successfully perform 5/7 including ALL CRITICAL POINTS</b>	Score: __/7		Score: __/7	

Performance Steps Continued	Test		Retest	
	P	F	P	F
<b>Safely performs the following steps:</b>				
<b>RESTRICTED OPENINGS- BACKWARDS SWIM TECHNIQUE</b>				
1. Maintains contact with SCBA – <b>CRITICAL POINT</b>				
2. Maintains physical, visual, or verbal contact with partner – <b>CRITICAL POINT</b>				
3. Keeps all PPE intact – <b>CRITICAL POINT</b>				
4. Checks conditions on other side of passage before entry – <b>CRITICAL POINT</b>				
5. Sits with back against wall and centered between two obstacles				
6. Proceeds through opening with feet positioned in front of body as far as possible and buttocks raised off of ground				
7. Pulls shoulders & elbows into center of body while pushing backwards through the space				
8. Rotates the body, dipping the shoulder to bring the rest of the body through the obstacle once SCBA is clear				
<b>Candidate must successfully perform 6/8 including ALL CRITICAL POINTS</b>	Score: __/8		Score: __/8	

<b>RESTRICTED OPENINGS-FORWARD DIVE TECHNIQUE</b>				
1. Maintains contact with SCBA – <b>CRITICAL POINT</b>				
2. Maintains physical, visual, or verbal contact with partner – <b>CRITICAL POINT</b>				
3. Keeps all PPE intact – <b>CRITICAL POINT</b>				
4. Checks conditions on other side of passage before entry – <b>CRITICAL POINT</b>				
5. Centers body between two wall studs and places both arms in front through obstacle, attempting to get elbows past opening				
6. Exhales and arms are pulled inward to center of body, allowing firefighter to fall through opening				
7. Clears obstacle and uses arms to pull rest of body through opening				
<b>Candidate must successfully perform 5/7 steps including ALL CRITICAL POINTS</b>	Score: __/7		Score: __/7	

<b>RESTRICTED OPENINGS-FULL ESCAPE PROCEDURE</b>				
1. Maintains contact with SCBA – <b>CRITICAL POINT</b>				
2. Maintains physical, visual, or verbal contact with partner – <b>CRITICAL POINT</b>				
3. Keeps all PPE intact – <b>CRITICAL POINT</b>				
4. Checks conditions on other side of passage before entry – <b>CRITICAL POINT</b>				
5. Loosens the shoulder straps and removes waist strap while lying to one side				
6. Rolls out of the backpack to the side of the regulator and does not lose contact with strap – <b>CRITICAL POINT</b>				
7. Rotates SCBA so that cylinder valve faces floor and valve end is nearest firefighter, and straps are neat and organized to facilitate easy redonning				
8. Moves forward keeping SCBA in front and close to body – <b>CRITICAL POINT</b>				
9. Redons the SCBA by laying out straps and rolling into backpack assembly when clear of obstacle				
<b>Candidate must successfully perform 7/9 steps including ALL CRITICAL POINTS</b>	Score: __/9		Score: __/9	

**Evaluator Notes**

Evaluator Print Name & Signature:		Date	Overall Skill Sheet Score	
			Pass____	Fail____
By my signature above, I verify that I am currently certified to the level I am testing (AL/PB/IFSAC)				
Re-Test Evaluator Print Name & Signature:		Overall Skill Sheet Re-Test Score		
		Pass____		
		Fail____		
By my signature above, I verify that I am currently certified to the level I am testing (AL/PB/IFSAC)				
Candidate Print Name & Signature:		Candidate: Print Name or Candidate #		
<p><b>Note to Evaluator(s):</b> By your signature above, you verify that you are qualified to serve as an Alabama Fire College Evaluator, have followed AFC Testing Policies and have witnessed that the above candidate has tested the above skills in their entirety.</p> <p><b>Note to Student:</b> Skill will end when you state or indicate to the evaluator that you have completed all the identified steps. Notify the evaluator at <b>ANY</b> time that you have a safety concern</p>				

# ALABAMA FIRE COLLEGE

## AND PERSONNEL STANDARDS & EDUCATION COMMISSION



<b>Rapid Intervention Crew Member</b>	<b>Skill Sheet 04</b>
<b>Emergency SCBA Procedures</b>	
<p style="text-align: center; margin: 0;">NFPA 1407, <i>Standard for Training Fire Service Rapid Intervention Crews</i>, 2020 edition, 7.8, 7.9, and 7.11</p> <p><b>Condition:</b> The candidate, wearing full personal protective equipment and SCBA shall demonstrate controlled breathing techniques, be able to demonstrate the ability to perform an emergency procedure check on their self-contained breathing apparatus, be able to supply air to an incapacitated firefighter, and protect that firefighter in place.</p> <p><b>Warning:</b> No emergency breathing procedure is endorsed by manufacturers, NFPA, ANSI, or any other regulating agency. These procedures should be used only as a last resort in life threatening situations.</p> <p><b>Scenario:</b> Provided by Proctor/Evaluator  <b>Proctor or Evaluator can stop skill at any point in time during the skills test for any safety concern.</b></p> <p><b>Expected time to complete skill(s):</b> 3 minutes</p>	

Performance Steps	Test		Retest	
<b>Safely performs the following steps:</b>	P	F	P	F
<b>CONSERVATION OF AIR (CONTROLLED BREATHING)</b>				
1. Calls a Mayday - <b>CRITICAL POINT</b>				
2. Inhales normally through mouth and exhales normally through nose				
3. Inhales and exhales slowly				
4. Proceeds to exit as quickly as possible				
5. Continues above steps until out of IDLH atmosphere - <b>CRITICAL POINT</b>				
<b>Candidate must successfully perform 4/5 steps including ALL CRITICAL POINTS</b>	Score: __/5		Score: __/5	
<b>EMERGENCY PROCEDURE CHECK</b>				
1. Calls a Mayday - <b>CRITICAL POINT</b>				
2. Does NOT remove face piece - <b>CRITICAL POINT</b>				
3. Checks bypass valve with left hand to face piece and regulator valve				
4. Uses bypass or cylinder valve to control air flow (depending on free flow or no flow)				
5. Corrects problem if possible				
6. Proceeds to exit as quickly as possible				
7. Continues above steps until out of IDLH atmosphere or problem is corrected - <b>CRITICAL POINT</b>				
<b>Candidate must successfully perform 5/7 steps including ALL CRITICAL POINTS</b>	Score: __/7		Score: __/7	



Performance Steps Continued		Test		Retest	
Safely performs the following steps:		P	F	P	F
<b>SUPPLYING AIR TO AN INCAPACITATED FIREFIGHTER</b>					
1. Repositions or replaces face piece on downed firefighter					
2. Replaces mask mounted regulator on downed firefighter					
3. Utilizes the RIC UAC, where available					
4. Utilizes the EBSS/buddy breather where available					
5. Alternates rescue air supply source					
<b>Candidate must successfully perform 4/5 steps including ALL CRITICAL POINTS</b>		Score: __/5		Score: __/5	
Evaluator Notes					
Evaluator Print Name & Signature:		Date	Overall Skill Sheet Score		
			Pass___	Fail___	
By my signature above, I verify that I am currently certified to the level I am testing (AL/PB/IFSAC)					
Re-Test Evaluator Print Name & Signature:		Overall Skill Sheet Re-Test Score			
		Pass___		Fail___	
By my signature above, I verify that I am currently certified to the level I am testing (AL/PB/IFSAC)					
Candidate Print Name & Signature:		Candidate: Print Name or Candidate #			
<b>Note to Evaluator(s):</b> By your signature above, you verify that you are qualified to serve as an Alabama Fire College Evaluator, have followed AFC Testing Policies and have witnessed that the above candidate has tested the above skills in their entirety.					
<b>Note to Student:</b> Skill will end when you state or indicate to the evaluator that you have completed all the identified steps. Notify the evaluator at <b>ANY</b> time that you have a safety concern					

# ALABAMA FIRE COLLEGE

## AND PERSONNEL STANDARDS & EDUCATION COMMISSION



<b>Rapid Intervention Crew Member</b>	<b>Skill Sheet 05</b>
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### Downed Firefighter Removal

*NFPA 1407, Standard for Training Fire Service Rapid Intervention Crews, 2020 edition, .8, 7.9, 7.10, 7.11, 7.12*

**Condition:** The candidate, as a member of a team and wearing PPE, shall demonstrate proper victim removal techniques.

**Scenario:** Provided by Proctor/Evaluator

**Proctor or Evaluator can stop skill at any point in time during the skills test for any safety concern.**

**Expected time to complete skill(s):** 10 minutes

Performance Steps	Test		Retest	
	P	F	P	F
<b>Safely performs the following steps:</b>				
<b>MOVING INCAPACITATED FIREFIGHTER(S)</b>				
1. Utilizes basic drags, lifts, and carries				
2. Converts downed firefighter's SCBA properly				
3. Moves a downed firefighter up/down stairs				
4. Utilizes a rescue blanket or rescue board when appropriate				
5. Moves a firefighter from below the area of operations (through floor)				
6. Moves a downed firefighter in an attic space				
7. Moves a downed firefighter through an elevated (restricted size) window in a room with limited space for crew movement (Denver Drill)				
8. Utilizes search ropes, slings, and harnesses where applicable				
9. Demonstrates proper use of mechanical advantage rope systems for rescue where appropriate, utilizing correct rescue knots				
<b>10. Demonstrates correct victim removal down a ladder – CRITICAL POINT</b>				
<b>Candidate must successfully perform 7/10 steps including ALL CRITICAL POINTS</b>	Score: __/10		Score: __/10	

#### Evaluator Notes

Evaluator Print Name & Signature:	Date	Overall Skill Sheet Score	
		Pass____	Fail____
By my signature above, I verify that I am currently certified to the level I am testing (AL/PB/IFSAC)			
Re-Test Evaluator Print Name & Signature:	Overall Skill Sheet Re-Test Score		
	Pass____	Fail____	
By my signature above, I verify that I am currently certified to the level I am testing (AL/PB/IFSAC)			
Candidate Print Name & Signature:	Candidate: Print Name or Candidate #		
<b>Note to Evaluator(s):</b> By your signature above, you verify that you are qualified to serve as an Alabama Fire College Evaluator, have followed AFC Testing Policies and have witnessed that the above candidate has tested the above skills in their entirety.			
<b>Note to Student:</b> Skill will end when you state or indicate to the evaluator that you have completed all the identified steps. Notify the evaluator at <b>ANY</b> time that you have a safety concern			

# ALABAMA FIRE COLLEGE

## AND PERSONNEL STANDARDS & EDUCATION COMMISSION



<b>Rapid Intervention Crew Member</b>	<b>Skill Sheet 06</b>
<b>Bringing Downed Firefighter Down Ladder</b>	
<i>NFPA 1407, Standard for Training Fire Service Rapid Intervention Crews, 2020 edition, 7.5</i>	
<p><b>Condition:</b> The candidate, wearing PPE and provided with an appropriate ladder and a victim, shall bring a simulated unconscious person down the ladder from a safe height (<b>choose one of the methods below, all students should be tested on same method</b>).</p> <p>Additional firefighters should be provided to assist victim out of the window and to secure the ladder.</p> <p><b>Scenario:</b> Provided by Proctor/Evaluator  <b>Proctor or Evaluator can stop skill at any point in time during the skills test for any safety concern.</b></p> <p><b>Expected time to complete skill(s):</b> 4 minutes</p>	

Performance Steps	Test		Retest	
	P	F	P	F
<b>Safely performs the following steps:</b>				
<b>CRADLE CARRY WHEN VICTIM PRESENTED HEAD FIRST</b>				
1. Ensures ladder placement for exterior rescuer at or below windowsill				
2. Ensures downed firefighter's head is off to one side allowing downed firefighter's torso and legs to come across the ladder horizontally with back of victim facing rescuer				
3. Places one forearm and hand under downed firefighter's armpit and grasps ladder				
4. Places other arm one rung below under the top leg into groin area of downed firefighter				
5. Descends ladder while grasping the rails leaning inward to control downed firefighter				
<b>6. Descends ladder safely with downed firefighter – CRITICAL POINT</b>				
<b>Candidate must successfully perform 5/6 steps including all critical criteria</b>	Score: __/6		Score: __/6	
<b>CRADLE CARRY WHEN VICTIM PRESENTED FEET FIRST</b>				
1. Ensures ladder placement for exterior rescuer at or below windowsill				
2. Places downed firefighter's legs to the outside of ladder beams and hooks one arm into groin area of downed firefighter				
3. Grasps ladder with both hands and the upper body of downed firefighter is placed on opposite arm one rung above				
4. Descends ladder while grasping the rails leaning inward to control downed firefighter				
<b>5. Descends ladder safely with downed firefighter – CRITICAL POINT</b>				
<b>Candidate must successfully perform 4/5 steps including all critical criteria</b>	Score: __/5		Score: __/5	

**Evaluator Notes**

Evaluator Print Name & Signature:	Date	Overall Skill Sheet Score	
		Pass___	Fail___
By my signature above, I verify that I am currently certified to the level I am testing (AL/PB/IFSAC)			
Re-Test Evaluator Print Name & Signature:	Overall Skill Sheet Re-Test Score		
	Pass___	Fail___	
By my signature above, I verify that I am currently certified to the level I am testing (AL/PB/IFSAC)			
Candidate Print Name & Signature:		Candidate: Print Name or Candidate #	

**Note to Evaluator(s):** By your signature above, you verify that you are qualified to serve as an Alabama Fire College Evaluator, have followed AFC Testing Policies and have witnessed that the above candidate has tested the above skills in their entirety.

**Note to Student:** Skill will end when you state or indicate to the evaluator that you have completed all the identified steps. Notify the evaluator at **ANY** time that you have a safety concern