







# FIRE FIGHTER I

## Performance Evaluation Instruction Sheet

Skill No. 2-1 JPR(s) 5.1.1.2/5.3.1 Total steps candidate must complete: 12  
5.1.2.1 (NFPA 472)

Primary Task: DON & DOFF PROTECTIVE CLOTHING AND EQUIPMENT

### INSTRUCTIONS TO THE MONITOR/EVALUATOR - SAFETY IS PARAMOUNT!

1. The candidate must provide PPE. (If the department doesn't furnish fire fighters with a PASS device, this item may be excluded.)
2. The candidate shall begin objective wearing footwear (footwear may be loosened).
3. The candidate shall be given the instructions below before beginning the exercise.
4. Prevent or prohibit any unsafe acts.
5. Remember you are an evaluator, not a trainer.

### INSTRUCTIONS TO THE CANDIDATE

1. "The candidate shall properly don PPE within ONE minute."
2. Contact the monitor at any time with any questions you may have.

| PERFORMANCE STEPS |   |
|-------------------|---|
| CRITICAL          | 1. Dons protective trousers and boots   |
|                   | 2. Assures that all fasteners, snaps, buckles, etc., are fastened   |
|                   | 3. Dons protective hood and pulls it down to the neck   |
| CRITICAL          | 4. Dons protective coat   |
|                   | 5. Assures that all fasteners, snaps, buckles, etc., are fastened   |
| CRITICAL          | 6. Completely opens the cylinder valve  |
| CRITICAL          | 7. Dons the backpack assembly   |
|                   | 8. Adjusts shoulder straps and fastens and adjusts waist strap  |
| CRITICAL          | 9. Dons facepiece assembly  |
|                   | 10. Tightens facepiece straps from the lowest to the top  |
| CRITICAL          | 11. Adjusts hood over the head and around the facepiece with no skin exposed  |
| CRITICAL          | 12. Dons the helmet   |
|                   | 13. Adjusts the chin strap  |
|                   | 14. Connect the low pressure hose (This may not be applicable on some models)   |
| CRITICAL          | 15. Dons gloves   |
| CRITICAL          | 16. Completes evolution within one minute   |
| CRITICAL          | 17. Removes gloves and removes the regulator from the facepiece or disconnects the low pressure hose from the regulator |
| CRITICAL          | 18. Removes helmet and pulls down the protective hood   |
| CRITICAL          | 19. Properly loosens the facepiece straps and removes the facepiece   |
| CRITICAL          | 20. Releases waist belt   |
| CRITICAL          | 21. Loosens shoulder straps and removes the SCBA  |
|                   | 22. Shuts off air cylinder valve  |
|                   | 23. Bleeds air pressure from the regulator  |
|                   | 24. Places SCBA in safe location  |

Critical steps are indicated on the table above. Failure on these steps mandates failure on the entire skill.



# ALABAMA FIRE COLLEGE



## FIRE FIGHTER I

### Performance Evaluation Instruction Sheet

Skill No. 2-2 JPR(s) 5.3.1 Total steps candidate must complete: 3

Primary Task: SCBA INSPECTION

#### INSTRUCTIONS TO THE MONITOR/EVALUATOR - SAFETY IS PARAMOUNT!

1. The candidate shall be given a self-contained breathing apparatus.
2. The candidate shall be given the instructions below before beginning the exercise.
3. Prevent or prohibit any unsafe acts.
4. Remember you are an evaluator, not a trainer.

#### INSTRUCTIONS TO THE CANDIDATE

1. "The candidate, given a self-contained breathing apparatus, shall demonstrate a daily inspection to show that the apparatus is in a safe condition for immediate use."
2. Contact the monitor at any time with any questions you may have.

| PERFORMANCE STEPS |  |
|-------------------|--|
|                   | 1. Checks the unit for cleanliness and obvious damage  |
| CRITICAL          | 2. Checks the cylinder to see that it is full  |
| CRITICAL          | 3. Turns the cylinder valve on completely, listens to ensure that the low pressure alarm sounds        |
|                   | 4. Compares gauges to ensure that they read within allowable variances                                 |
|                   | 5. Checks hoses and connections  |
|                   | 6. Checks the facepiece to ensure that it is clean and in good condition and straps are fully extended |
|                   | 7. Checks the harness to ensure that it is in good condition and that all straps are fully extended    |
| CRITICAL          | 8. Checks the bypass and mainline valve (if applicable) to ensure that they are operational            |
|                   | 9. Turns off cylinder valve  |
|                   | 10. Bleeds off air by opening bypass valve, listens for low-pressure alarm                             |
|                   | 11. Closes mainline and bypass valve   |
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Critical steps are indicated on the table above. Failure on these steps mandates failure on the entire skill.







# ALABAMA FIRE COLLEGE



## FIRE FIGHTER I

### Performance Evaluation Instruction Sheet

Skill No. 2-5 JPR(s) 5.3.1 Total steps candidate must complete: 5

Primary Task: REPLACE SCBA CYLINDER

#### INSTRUCTIONS TO THE MONITOR/EVALUATOR - SAFETY IS PARAMOUNT!

1. The candidate shall be given a self-contained breathing apparatus and a replacement cylinder.
2. The candidate shall be given the instructions below before beginning the exercise.
3. Prevent or prohibit any unsafe acts.
4. Remember you are an evaluator, not a trainer.

#### INSTRUCTIONS TO THE CANDIDATE

1. "The candidate, given a SCBA and an additional cylinder, shall replace the cylinder on the SCBA."
2. Contact the monitor at any time with any questions you may have.

| PERFORMANCE STEPS |   |
|-------------------|---|
| CRITICAL          | 1. Closes the cylinder valve on the expended air cylinder   |
| CRITICAL          | 2. Releases the air pressure hose (breathing down the regulator or by opening the mainline or bypass valve, according to the type of breathing apparatus) |
| CRITICAL          | 3. Disconnects the high-pressure hose coupling from the cylinder  |
|                   | 4. Avoids contaminating the coupling by laying it in debris or dirt   |
| CRITICAL          | 5. Releases the cylinder clamp and removes the empty cylinder   |
|                   | 6. Places the full cylinder into the backpack in the correct position and locks into place  |
|                   | 7. Checks the cylinder valve opening and the high-pressure hose fitting for debris and the condition of the O-ring and corrects as necessary              |
| CRITICAL          | 8. Connects the high-pressure hose to the cylinder  |
|                   | 9. Opens the cylinder valve and check gauges  |
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Critical steps are indicated on the table above. Failure on these steps mandates failure on the entire skill.



# ALABAMA FIRE COLLEGE



## FIRE FIGHTER I

### Performance Evaluation Instruction Sheet

Skill No. 2-6 JPR(s) 5.3.1/5.5.3 Total steps candidate must complete: 4

Primary Task: PERIODIC SCBA INSPECTION

#### INSTRUCTIONS TO THE MONITOR/EVALUATOR - SAFETY IS PARAMOUNT!

1. The candidate shall be given self-contained breathing apparatus.
2. The candidate shall be given the instructions below before beginning the exercise.
3. Prevent or prohibit any unsafe acts.
4. Remember you are an evaluator, not a trainer.

#### INSTRUCTIONS TO THE CANDIDATE

1. "The candidate, given a self-contained breathing apparatus, shall demonstrate periodic inspection of the breathing apparatus."
2. Contact the monitor at any time with any questions you may have.

| PERFORMANCE STEPS |   |
|-------------------|---|
|                   | 1. Inspects the SCBA following procedures for daily inspection  |
| CRITICAL          | 2. Thoroughly inspects all rubber/elastomer parts and stretches and massages them   |
|                   | 3. Tests the mainline valve for correct operation and leaks (if applicable)   |
| CRITICAL          | 4. Tests the by-pass valve for leaks  |
| CRITICAL          | 5. Checks the hydrostatic test date. Composite cylinders should be tested every 3 years, steels and aluminum cylinders must be tested every 5 years |
|                   | 6. Tests the cylinder valve connection for leaks  |
|                   | 7. Tests the cylinder valve outlet connection for leaks   |
|                   | 8. With the cylinder valve open, all gauges should be within acceptable variances   |
| CRITICAL          | 9. Dons the SCBA and checks for operational readiness   |
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Critical steps are indicated on the table above. Failure on these steps mandates failure on the entire skill.



# ALABAMA FIRE COLLEGE



## FIRE FIGHTER I

### Performance Evaluation Instruction Sheet

Skill No. 2-7 JPR(s) 5.3.1/5.5.3 Total steps candidate must complete: 6

Primary Task: CLEAN AND SANITIZE SCBA

#### INSTRUCTIONS TO THE MONITOR/EVALUATOR - SAFETY IS PARAMOUNT!

1. The candidate shall be given a self-contained breathing apparatus and material for cleaning and sanitizing the SCBA. (soap, water, disinfectant)
2. The candidate shall be given the instructions below before beginning the exercise.
3. Prevent or prohibit any unsafe acts.
4. Remember you are an evaluator, not a trainer.

#### INSTRUCTIONS TO THE CANDIDATE

1. "The candidate, given a self-contained breathing apparatus and cleaning and sanitizing materials, shall demonstrate cleaning and sanitizing of the breathing apparatus."
2. Contact the monitor at any time with any questions you may have.

| PERFORMANCE STEPS       |  |
|-------------------------|--|
|                         | 1. Inspects the low-pressure hose for tears and cracks (not applicable on breathing apparatus without a low-pressure hose) |
| CRITICAL                | 2. Washes the assembly in warm water containing any mild commercial disinfectant   |
| CRITICAL                | 3. Rinses with clear, warm water (submerges if necessary)  |
|                         | 4. Ensures proper operation of the exhalation valve  |
| CRITICAL                | 5. Air dries or dries with a lint-free cloth (never uses a paper towel)  |
| <b>Other Components</b> |  |
|                         | 6. Wipes off the entire unit using a soft cloth and an approved cleaner/disinfectant                                       |
| <b>SCBA Harness</b>     |  |
|                         | 7. Washes with a mild soap or commercial cleaning agent  |
|                         | 8. Rinses thoroughly   |
|                         | 9. Allows to air dry   |
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Critical steps are indicated on the table above. Failure on these steps mandates failure on the entire skill.



# ALABAMA FIRE COLLEGE



## FIRE FIGHTER I

### Performance Evaluation Instruction Sheet

Skill No. 2-8 JPR(s) 5.3.5 Total steps candidate must complete: 4

Primary Task: ACTION WHEN DISORIENTED

#### INSTRUCTIONS TO THE MONITOR/EVALUATOR - SAFETY IS PARAMOUNT!

1. The candidate shall be provided with a facility (i.e., burn building, tower, or acceptable area) in which to perform this skill.
2. A charged hoseline shall be placed inside the structure so that the candidate may follow it out if he/she comes across it.
3. The candidate shall be taken inside the structure and his/her face shield darkened so that he/she cannot see. (Turn hood around)
4. The candidate shall be turned around once or twice to disorient them.
5. The candidate shall be given the instructions below before beginning the exercise.
6. Prevent or prohibit any unsafe acts.
7. Remember you are an evaluator, not a trainer.

#### INSTRUCTIONS TO THE CANDIDATE

1. "The candidate, finding himself/herself disoriented in a hostile environment, shall demonstrate correct action to be taken."
2. Contact the monitor at any time with any questions you may have.

| PERFORMANCE STEPS |   |
|-------------------|---|
| CRITICAL          | 1. Wears PPE  |
|                   | 2. Remains calm and consider actions  |
|                   | 3. If radio is available, contacts fire fighter outside and tries to describe where you are located         |
| CRITICAL          | 4. Remains on hands and knees   |
|                   | 5. Attempts to retrace route to outside   |
|                   | 6. If above ground floor, attempts to go down and out   |
| CRITICAL          | 7. If hoseline is found, follows it out. Female coupling points the way out                                 |
|                   | 8. If wall is located, remains in contact and follows while making consistent turns (right or left pattern) |
|                   | 9. Checks doors and windows for exit  |
| CRITICAL          | 10. When exit is located, retreats from building  |
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Critical steps are indicated on the table above. Failure on these steps mandates failure on the entire skill.





# ALABAMA FIRE COLLEGE



## FIRE FIGHTER I

### Performance Evaluation Instruction Sheet

Skill No. 3-1 JPR(s) 5.1.1.2/5.3.12 Total steps candidate must complete: 2




Primary Task: TIE A FIGURE-OF-EIGHT ON A BIGHT

#### INSTRUCTIONS TO THE MONITOR/EVALUATOR - SAFETY IS PARAMOUNT!

1. The candidate shall be provided with a rope suitable for tying knots.
2. The candidate shall be given the instructions below before beginning the exercise.
3. Prevent or prohibit any unsafe acts.
4. Remember you are an evaluator, not a trainer.

#### INSTRUCTIONS TO THE CANDIDATE

1. "The candidate, given the appropriate rope, shall demonstrate tying the figure-eight on a bight knot."
2. Contact the monitor at any time with any questions you may have.

| PERFORMANCE STEPS |   |
|-------------------|---|
| CRITICAL          | 1. Forms a bight in the working end of the rope and using the double rope, passes the working end over the standing part to form a loop |
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|                   |   |
|                   | 2. Passes the bight under the standing part   |
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|                   | 3. Passes the bight over the loop and through the loop  |
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|                   |   |
|                   | 4. Extends the bight through the loop to whatever size loop is needed and dresses the knot  |
| CRITICAL          | 5. Displays the completed knot  |
|                   |   |

Critical steps are indicated on the table above. Failure on these steps mandates failure on the entire skill.



# ALABAMA FIRE COLLEGE



## FIRE FIGHTER I

### Performance Evaluation Instruction Sheet

Skill No. 3-2 JPR(s) 5.1.1.2/5.3.12 Total steps candidate must complete: 2




Primary Task: TIE A BECKET KNOT

#### INSTRUCTIONS TO THE MONITOR/EVALUATOR - SAFETY IS PARAMOUNT!

1. The candidate shall be provided with a rope suitable for tying knots.
2. The candidate shall be given the instructions below before beginning the exercise.
3. Prevent or prohibit any unsafe acts.
4. Remember you are an evaluator, not a trainer.

#### INSTRUCTIONS TO THE CANDIDATE

1. "The candidate, given the appropriate rope, shall demonstrate tying a becket (sheet bend) knot."
2. Contact the monitor at any time with any questions you may have.

| PERFORMANCE STEPS |   |
|-------------------|---|
| CRITICAL          | 1. Forms a bight in the working end of the large diameter rope and passes the working end of the smaller rope through the bight |
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|                   | 2. Brings the working end of the smaller rope around both sides of the bight  |
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|                   |   |
|                   | 3. Tucks the working end off the smaller rope under its own standing part and over the bight                                    |
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|                   |   |
|                   |   |
|                   | 4. Draws the knot snug to complete the knot   |
| CRITICAL          | 5. Displays the finished knot   |
|                   |   |

Critical steps are indicated on the table above. Failure on these steps mandates failure on the entire skill.



















# ALABAMA FIRE COLLEGE



## FIRE FIGHTER I

### Performance Evaluation Instruction Sheet

Skill No. 4-1 JPR(s) 5.3.4/5.3.12 Total steps candidate must complete: 6

Primary Task: VENTILATE A ROOF

#### INSTRUCTIONS TO THE MONITOR/EVALUATOR - SAFETY IS PARAMOUNT!

1. The candidate shall be provided with a pick-head axe and pike pole.
2. The candidate shall be provided with a pitched roof from which to perform this skill.
3. The candidate shall be given a roof ladder in position on the roof.
4. The candidate shall be given an extension ladder in place and heeled or secured.
5. Prevent or prohibit any unsafe acts.
6. Remember you are an evaluator, not a trainer.

#### INSTRUCTIONS TO THE CANDIDATE

1. "The candidate, given the appropriate forcible entry tools and a suitable site, shall demonstrate ventilating a pitched roof using an axe."
2. Contact the monitor at any time with any questions you may have.

| PERFORMANCE STEPS |   |
|-------------------|---|
| CRITICAL          | 1. Wears PPE  |
|                   | 2. Selects the proper place to ventilate (use pre-existing openings if possible)                    |
|                   | 3. Raises extension ladder at least 3-5 rungs above the roof line                                   |
| CRITICAL          | 4. Sounds the roof for structural integrity before stepping onto it                                 |
| CRITICAL          | 5. Ensures that the roof ladder hooks are secure over the peak of the roof                          |
|                   | 6. Works off roof ladder when possible to distribute weight   |
|                   | 7. Works with the wind to the back  |
| CRITICAL          | 8. Locates roof supports by sounding with the axe   |
|                   | 9. Marks the hole to be cut (4'x4') on the roof using the pick of the pick-head axe                 |
|                   | 10. Removes the roofing material  |
| CRITICAL          | 11. Uses short chopping strokes to cut roof decking diagonally alongside the rafter                 |
|                   | 12. Cuts the sides of the hole in this order: opposite side, top, bottom, adjacent side             |
|                   | 13. Using the pick of the pick-head axe, pulls the decking up from the opposite side of the opening |
|                   | 14. Pushes the blunt end of a pike pole or other long-handled tool through the hole to open ceiling |
| CRITICAL          | 15. Never applies water into an opening designated for ventilation purposes                         |
|                   |   |
|                   |   |

Critical steps are indicated on the table above. Failure on these steps mandates failure on the entire skill.

